

Island Mother

Birthing from Within Workshop May 2014

Keeping in Touch

We encourage you to keep in touch with one another over the coming weeks, months, and years. Below you will find the contact information for your group. Consider a potluck dinner after the babies have been born, supporting one another postpartum with meals, annual group birthday gatherings... Enjoy!

Jenn & James	250 514 7056	jennhoogland@hotmail.com
Kaily & Rylar	250 217 0285	kailyboo15@gmail.com
Becky & Keenan	250 216 3837	rebeccaebanks08@gmail.com
Faye & baby	250 385 0592	picturefaye@shaw.ca
Shyla & Graham	250 385 0592	shyla.graham@gmail.com
Jennie & Daniel		jen_nash@hotmail.com

Please know that we are here for you as a resource now, and through the years to come as your family grows. You can reach us by email at info@islandmother.com

Blessings,

Robin & Sarah

www.islandmother.com